

Domestic Violence Consultation Service for Foreigners

Free

Please contact us if you have
any of the following concerns:

- You have been subjected by your husband, wife, or lover.
- You do not know what to do moving forward.
- You want to understand city hall or court procedures.
- You want to know what assistance is available.

All discussions are in confidence.

We can help with
the following matters:

- Consultation
- Providing information concerning domestic violence (Domestic violence, protection orders, divorce, etc.)
- Providing information to help you live independently
- Accompanying you to the city hall, the bank, etc.
- Assistance with paperwork, such as writing a petition

Day of the week	Thursday	Other than Thursday
Place	International Activities Plaza	Life Learning Center
Time	9:00 ~ 17:00	9:00 ~ 16:45

*If translation services are required, please let us know in advance.

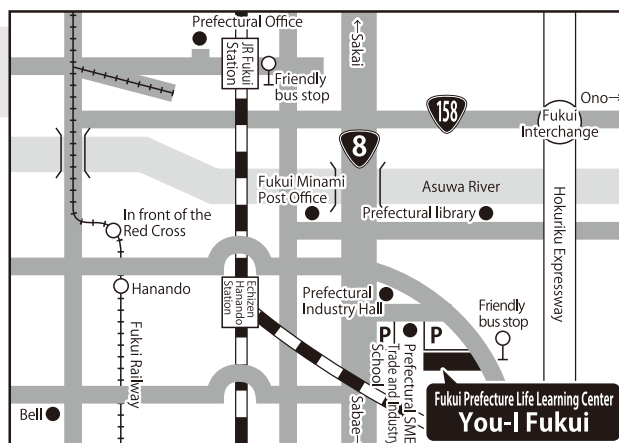
Life Learning Center (You-I Fukui)

Tel: **0776-41-7112**

Shimorokujo-cho 14-1, Fukui City 918-8135

Closed:

- Monday (excluding holidays)
- The third Sunday in the month
- The day after a holiday (excluding Saturday, Sunday and holidays)
- Year-end and New Year holidays (Dec. 28 – Jan. 4)



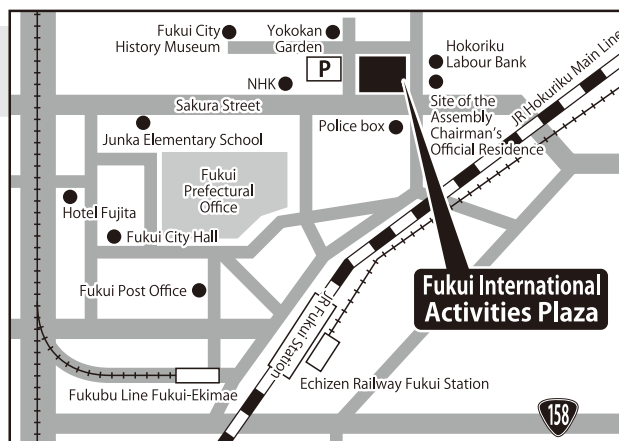
International Activities Plaza

Tel: **0776-28-8800**

Houei 3-1-1, Fukui City 910-0004

Closed:

- Monday (excluding the 2nd Monday of the month)
- Holidays
- Year-end and New Year holidays (Dec. 29 – Jan. 3)



Violence by Partners

Get in touch with us – do not suffer alone

Domestic violence is

violence by a partner (or ex-partner) such as a husband, wife or lover.

Violence is not only hitting and kicking. Violence is not your fault.

Are you experiencing any of the following?

Physical violence

- ☐ Hitting, kicking
 - ☐ Strangling
 - ☐ Throwing things
 - ☐ Hitting or kicking the wall
- *If you feel you are in danger, contact the police (110).**

Economic violence

- ☐ Asks detailed questions about how you spend money
- ☐ Does not allow you to work
- ☐ Does not hand over money for living expenses

Other forms of violence

- ☐ Makes you report all your actions
- ☐ Does not like you being in touch with friends or family.
- ☐ Threatens you via your resident status (Says things like, "Go back to your own country!", "If you get a divorce, you won't be able to stay in Japan".)

Psychological violence

- ☐ Use of abusive language such as "idiot" or "die!"
- ☐ Breaks or hides valued possessions
- ☐ Ignores you
- ☐ Blames you for everything, saying "it's your fault"

Sexual violence

- ☐ Does not cooperate with birth control
- ☐ Forces you to have sex



Do you have any of the following thoughts?

- ☐ The violence will stop next time
- ☐ It's my fault (s)he gets angry at me
- ☐ I have nowhere to escape to
- ☐ I think (s)he is a kind person deep down
- ☐ There is no one who can help me
- ☐ I should put up with it and not get a divorce for the sake of the children